



PURITY DAIRIES

DELICIOUS RECIPES USING PURITY PRODUCTS

PEACH SMOOTHIE

2 fresh peaches, sliced and peeled if preferred (about 1 cup)

1 c PURITY SWEET ACIDOPHILUS MILK

1 c PURITY PEACH FROZEN YOGURT

Combine ingredients in blender and process until combined. Pour into glasses and serve chilled.

Yield: 2 servings.