



# PURITY DAIRIES

DELICIOUS RECIPES USING PURITY PRODUCTS

## FILLET OF SOLE PAPRIKA

1 1/2 pounds fillet of sole

1 onion, sliced thin

1 c Purity sour cream

1/3 white wine

1 tbs all-purpose flour

Juice of 1/2 lemon

1/2 t paprika

Salt and pepper to taste

Preheat oven to 375 degrees. Arrange fillets in greased shallow baking dish. Cover with onion slices. Blend sour cream, wine, flour, lemon juice and seasonings and pour over entire baking dish. Bake for about 25 minutes, or until fish is tender.